

Red Way

Longways duple

Music: Captain's Maggot

A1: 1st couple half draw poussette *while* 2nd couple half normal poussette [1st man push, 2nd man pull]. Circle left halfway & fall back.

A2: Ladies chain across & back.

B1: Ladies cross right, men cross left. 1st couple right hand star with couple below.

B2: Left hand star with couple above. 1st couple half figure eight down.

Red Way is a track on Whorlton Moor, near Sheepwash.

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Captain's Maggot - Playford 1695 - 1728

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